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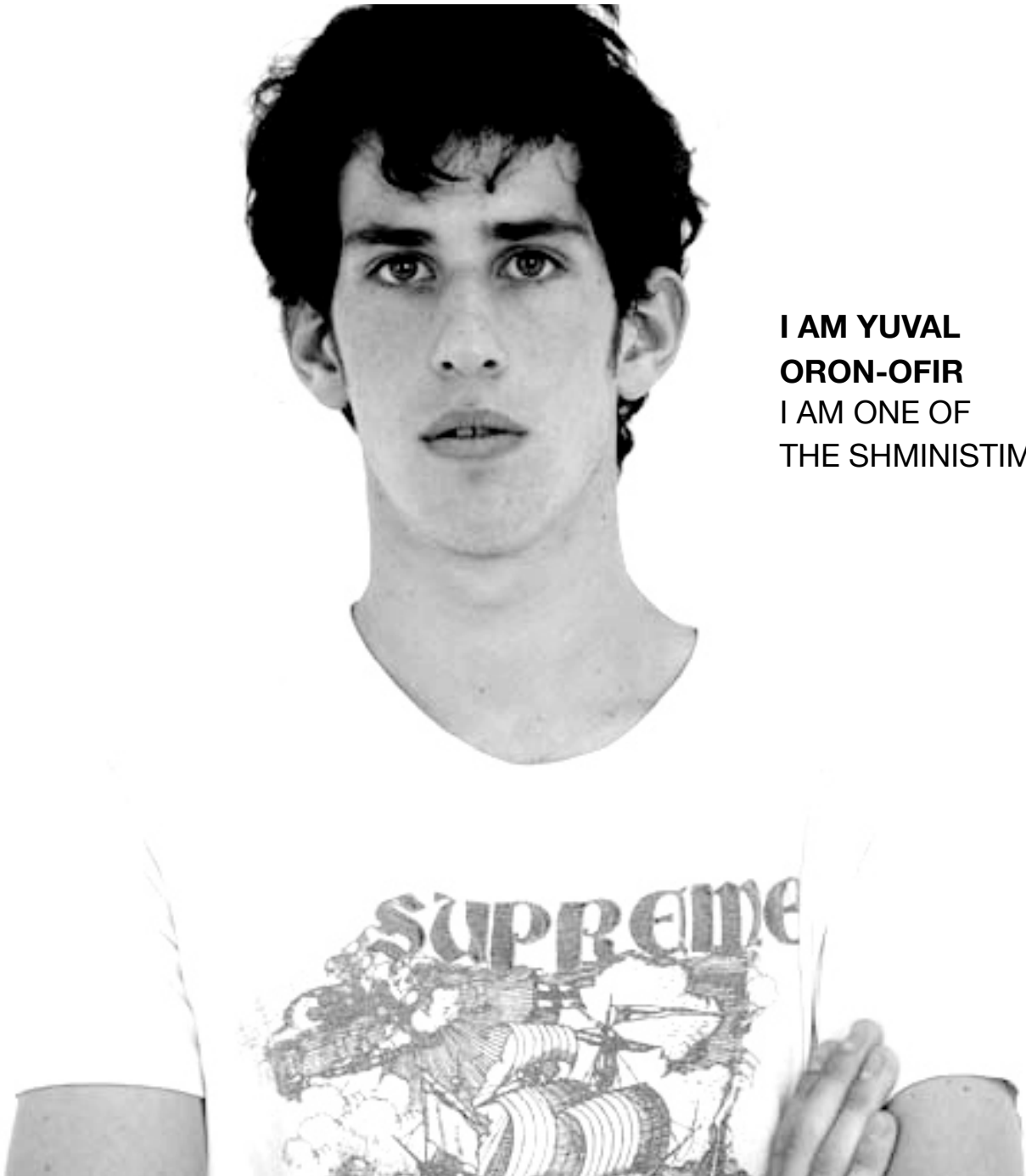
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**I AM YUVAL  
ORON-OFIR  
I AM ONE OF  
THE SHMINISTIM**

## **I AM AN ISRAELI CONSCIENTIOUS OBJECTOR AND I NEED YOUR HELP.**

My name is Yuval and I'm 19 years old. I refuse to serve in the Israeli army. I am convinced that it is no one but ourselves who determines that it is our fate to live by the sword. There is another way, which is not the way of war. This is the path of dialogue, of understanding, of concession, forgiveness, of peace.

I believe that a person should take responsibility and feel reconciled to the way he chooses. This is why I shall not join an army behind whose actions I cannot stand and whose behavior I cannot justify.

Shministim, young conscientious objectors, are being sent to Israeli military jails. Some of us are placed

in solitary confinement. Let Israel know the world is watching.

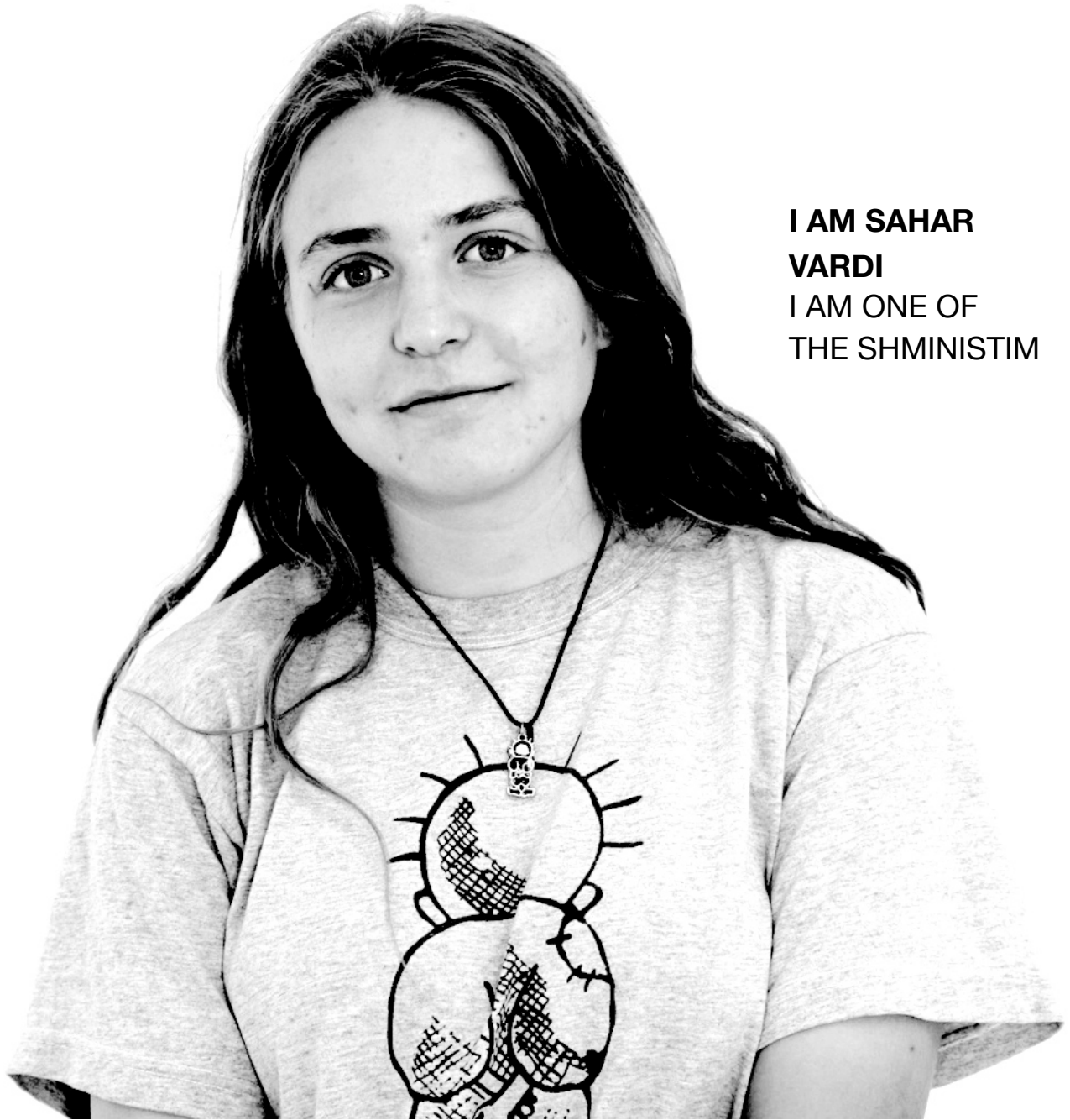
Go to [www.DECEMBER18TH.org](http://www.DECEMBER18TH.org) and send a letter to the Israeli Minister of Defense. **Do your part to help free the Shministim.**



קול יהודי לשלום

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**I AM SAHAR  
VARDI  
I AM ONE OF  
THE SHMINISTIM**

**I AM AN ISRAELI CONSCIENTIOUS OBJECTOR AND I NEED YOUR HELP.**

My name is Sahar and I'm 18 years old. I refuse to serve in the Israeli army. I realize that the soldier at the checkpoint is not responsible for the wretched policy of the oppressor towards civilians, I am unable to relieve that soldier of responsibility for his conduct ... I mean the human

responsibility of not causing another human being to suffer.

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**I AM RAZ  
BAR-DAVID  
VARON  
I AM ONE OF  
THE SHMINISTIM**

**I AM AN ISRAELI CONSCIENTIOUS OBJECTOR AND I NEED YOUR HELP.**

My name is Raz and I'm 18 years old. I refuse to serve in the Israeli army. I wasn't born to serve as a soldier who occupies another, and the struggle against the occupation is mine too. It is a struggle for hope, for a reality that sometimes feels so far away. I have a responsibility for

this society. My responsibility is to refuse.

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I AM  
UDI NIR  
I AM ONE OF  
THE SHMINISTIM

## I AM AN ISRAELI CONSCIENTIOUS OBJECTOR AND I NEED YOUR HELP.

My name is Udi and I'm 19 years old. I refuse to serve in the Israeli army. I will not lend my own hand to the occupation and to acts that contradict my most basic values: human rights, democracy and the personal responsibility each and

every human being bears towards fellow human beings.

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**I AM TAMAR  
KATZ  
I AM ONE OF  
THE SHMINISTIM**

**I AM AN ISRAELI CONSCIENTIOUS OBJECTOR AND I NEED YOUR HELP.**

My name is Tamar and I'm 19 years old. I refuse to enlist in the Israeli military on conscientious grounds. I am not willing to become part of an occupying army, that has been an invader of foreign lands for decades, which perpetuates a racist regime of robbery in these lands, tyrannizes civilians and makes life difficult for

millions under a false pretext of security.

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**I AM OMER  
GOLDMAN  
I AM ONE OF  
THE SHMINISTIM**

**I AM AN ISRAELI CONSCIENTIOUS OBJECTOR AND I NEED YOUR HELP.**

My name is Omer and I'm 19 years old. I refuse to serve in the Israeli army. I believe in service to the society I am part of, and that is precisely why I refuse to take part in the war crimes committed by my country. Violence will not bring any

kind of solution, and I shall not commit violence, come what may.

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**I AM MIA  
TAMARIN  
I AM ONE OF  
THE SHMINISTIM**

## **I AM AN ISRAELI CONSCIENTIOUS OBJECTOR AND I NEED YOUR HELP.**

My name is Mia and I'm 19 years old. I refuse to serve in the Israeli army. I cannot become part of an organization the purpose of which is to fend off violence by violence, because it stands unequivocally contrary to everything I believe in and to my whole life. There always is

another, non-violent option, and it is this option that I choose.

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